

The faculty and staff at the Stanford School of Medicine invite you to participate in a local research study. The purpose is to determine if a form of deep massage (myofascial structural integration) is helpful in children with cerebral palsy.

Would you like your child to receive a free therapy that may improve motor function and muscle flexibility?

We are conducting a research study at Stanford University in Palo Alto, California. The therapy we are testing is Myofascial Structural Integration. It is a form of deep massage. The study asks whether Myofascial Structural Integration improves motor skills and muscle flexibility in children with cerebral palsy.

Who is eligible?

- Children aged 1 to 3 years old
- Children diagnosed with cerebral palsy
- Children who have spasticity

What is involved?

- We will talk to you by telephone to determine if your child is eligible for the study.
- **The study lasts for a total of 12 months. The active treatment period lasts 12 weeks.**
- The study entails a total of 10 sessions of Myofascial Structural Integration therapy over the 12-week period. Each session lasts one to 1¹/₂ hour(s).
- The child will have an evaluation of motor functions and development on enrollment and at three-month intervals for a total of 5 evaluations.

What are the costs and benefits?

- There are no costs to you or your child.
- Your child will receive a total of 10 hours of free Myofascial Structural Integration therapy.
- You will be contributing to the evaluation of the potential of a non-invasive treatment for children with cerebral palsy
- You may see advances in your child's gross motor skills, such as improved crawling, running, and/or coordination.
- You may also see advances in your child's self-care skills and growth.
- Our team will share with you our observations on the trends that we see in your child's gross motor skills.

Would you like to learn more?

Contact study coordinator Liz Loi.

Call 650-498-7690 or e-mail dbpresearch@stanford.edu

Principal Investigator: Heidi M. Feldman MD PhD, Ballinger-Swindells Professor of Developmental and Behavioral Pediatrics at Stanford University

For further information regarding questions, concerns, or complaints about research, research-related injury, and questions about the rights of research participants, please call (650) 723-5244 or call toll-free 1-866-680-2906, or write the Administrative Panel on Human Subjects in Medical Research, Administrative Panels Office, Stanford University, Stanford, CA 94305-5401.